

UTS:SEMINAR

PERUSING THE PERINEUM: EVIDENCE, EXPERIENCE AND EDUCATION

25 MAY 2007

UTS: CENTRE FOR MIDWIFERY, CHILD AND FAMILY HEALTH

A SEMINAR FOR MIDWIVES, OBSTETRICIANS AND EDUCATORS INVOLVED IN PERINATAL CARE

HANNAH DAHLEN has taken 12 months leave from her position as the Clinical Midwifery Consultant for the Eastern Zone of SSWAHS to work as a researcher with the Centre for Midwifery, Child and Family Health, Faculty of Nursing, Midwifery and Health at UTS. Hannah is completing her PhD on reducing perineal trauma and improving comfort for women giving birth. Hannah has also commenced a study into the relationship between birth positions and perineal trauma amongst women giving birth in a birth centre. She has a passionate interest in perineal care and repair and teaches and writes regularly on this subject.

EMMANUEL KARANTANIS is an urogynaecologist at St George Hospital in Sydney. He undertook a PhD (UNSW) on Stress Incontinence in women. Emmanuel has a clinic at St George Hospital that provides assessment and management for women with postpartum anal sphincter injuries. He is also an obstetrician with an interest in perineal injury prevention and correction.

SHERIN JARVIS is a physiotherapist with many years experience in pelvic floor disorders. She has post graduate qualifications in Acupuncture, Continence and Pelvic Floor Dysfunction and Urodynamics.

Sherin's focus is with women suffering from bladder and bowel incontinence, prolapse and pelvic pain. Her extensive

knowledge and experience in these fields have taken her interstate and overseas sharing her experience and research findings in these areas with other medical and allied health professionals.

Sherin currently works at the Royal Hospital for Women and in Private practice in Sydney.

ANNE SNEDDON is a full time Staff Specialist and Lecturer with the Australian National University Medical School in Canberra. She has a particular interest in physical recovery after childbirth and established the postpartum follow up clinic at The Canberra Hospital in 2001 on commencement of her specialist career. This clinic provides a comprehensive, multidisciplinary follow up of women who have sustained a 3rd or 4th degree tear during birth. Her other interests include keeping birth normal. Anne is the medical specialist alongside the Canberra Midwifery Programme. She is also a mother with 5 children Hannah 15, Georgia 12, Christopher 5, Charley 2 and Cate 10 months. Anne is now studying the text books to see how to solve a contraceptive problem.

JENNY KING is an urogynaecologist, specialising in the treatment of urinary incontinence and utero-vaginal prolapse. For more than ten years she has worked as the director of the Pelvic Floor Unit at Westmead Hospital, a large teaching hospital in Sydney's western suburbs. One of her

primary research interests is the aetiology of pelvic floor disorders.

AVON STRAHLE has been a midwife for over 25 years working in a variety of settings as a clinician, manager, educator and researcher.

Avon was the Project Coordinator/Research Midwife in the Centre for Women's Health Nursing at the Royal Hospital for Women, Randwick 2001-2006. She coordinated a funded research program targeted at Improving Bladder Outcomes for Childbearing Women publishing the findings and presenting at a number of national and international conferences.

Avon is currently seconded from the Royal Hospital for Women to NSW Health in the role of Principal Advisor, Midwifery but maintains an ongoing interest in this important area of women's health and the role that midwives can play in prevention.

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PERINEAL CARE AND REPAIR**

0830-0900	<i>Registration and coffee</i>
0900-0910	Welcome
0910 - 1000	Preventing perineal trauma during childbirth: Can it be done? Hannah Dahlen
1000-1040	The latest on perineal repair: issues and challenges Emmanuel Karatanis
1040-1110	<i>Morning tea</i>
1110 -1155	Taking the flaw out of the pelvic floor: Effective pelvic floor care Sherin Jarvis
1155-1240	Designing and teaching a perineal repair course Hannah Dahlen
1240-1330	<i>Lunch</i>
1330-1415	Giving 3 rd degrees the 3 rd degree: Care of women after severe perineal trauma Anne Sneddon
1415-1500	Caesarean Section to protect the pelvic floor - does it make sense (obstetrician) Jenny King
1500-1545	Women who leak – experiences after childbirth Avon Strahle
1545-1600	Perineal postnatal care: is it the poor cousin's poor cousin Hannah Dahlen

WHERE: The Functions Gallery (South Wing), Level 6, UTS Tower Building, Broadway, NSW 2007

COST: Full fee: \$105
Employed students: \$75
Unemployed students: \$60
(Includes GST, morning tea & lunch)

REGISTRATION: Close on 16 May 2007

Download registration form: http://www.nmh.uts.edu.au/cmcfh/news_events/index.html

(or) **Contact: Priya Nair**

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